


Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Did You Know?</i></p> <p>School Lunch is the Best deal in town!            School meals are nutritious and affordable.  <i>EBR keeping you healthy!!!</i></p> <p>*****</p>				
<p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b> Chicken Nuggets or Pattie            Mashed Potatoes            Steamed Broccoli            Chilled Peach Slices            Whole Wheat Roll            Barbeque Sauce or Catsup            Choc. or Vanilla Pudding            Milk Choice</p>	<p><b>12</b> Beefy Taco(s) or Beefy Nachos            Taco Salad Cup            Steamed Corn            Pineapple Tidbits            Soft Enriched White Roll            Fresh Baked Red. Fat                Cookie Choice            Milk Choice</p>	<p><b>13</b> Hamburger on Bun            Cheese Slices, 1 oz.            Sandwich Salad Cup            Baked Beans            Fresh Red Grapes or Fresh Watermelon            Catsup/ Mayo./ Must.            Jello            Milk Choice</p>
<p><b>16</b> White Beans or Red Beans w/                Ham or Sausage            Steamed Brown Rice            Seasoned Mustard Greens            Fresh Cantaloupe or                Fresh Orange Wedges            Cornbread            Graham Crackers            Milk Choice</p>	<p><b>17</b> Fish Strips            Macaroni and Cheese            Fresh Baby Carrots &amp; Broccoli                Florets w/Lowfat Ranch Dressing            Fresh Apple Wedges            Whole Wheat Sliced Bread            Catsup            Frozen Fruit Juice Dessert            Milk Choice</p>	<p><b>18</b> Pizza w/ Whole Wheat Crust            Steamed Corn            Dark Green Salad with Dressing            Lowfat Choc. or Yellow Cake            Milk Choice</p>	<p><b>19</b> Oven Baked Chicken            Steamed Brown Rice w/ Gravy            Seasoned Green Peas            Chilled Peach Slices            Soft Enriched White Roll            Jello            Milk Choice</p>	<p><b>20</b> Hamburger on Bun            Cheese Slices, 1 oz.            Sandwich Salad Cup            Oven Baked French Fries            Fresh Red Grapes or Fresh Watermelon            Catsup/ Mayo./ Must.            Fresh Baked Reduced                Fat Cookie Choice            Milk Choice</p>
<p><b>23</b> Hot Dog on Bun / Chili            Baked Beans            Pineapple Tidbits            Catsup/ Mustard            Lowfat Choc. or Yellow Cake            Milk Choice</p>	<p><b>24</b> Salisbury Steak w/ Gravy            Mashed Potatoes            Fresh Baby Carrots &amp; Broccoli                Florets w/ Lowfat Ranch Dressing            Canned Fruit Choice            Whole Wheat Sliced Bread            Choc. or Vanilla Pudding            Milk Choice</p>	<p><b>25</b> Ham &amp; Cheese Po-boy            Oven Baked French Fries            Sandwich Salad Cup            Fresh Cantaloupe or                Fresh Orange Wedges            Catsup/ Mayo./ Must.            Graham Crackers            Milk Choice</p>	<p><b>26</b> Pasta w/ Meatsauce            Dark Green Salad with Dressing            Fresh Red Grapes            Whole Wheat Roll            Fresh Baked Red. Fat                Cookie Choice            Milk Choice</p>	<p><b>27</b> Roasted Turkey, Beef or Pork            Steamed Brown Rice w/ Gravy            Sweet Potatoes            Fresh Apple Wedges or                Fresh Strawberries            Soft Enriched White Roll            Jello            Milk Choice</p>
<p><b>30</b> Chicken Nuggets or Pattie            Mashed Potatoes            Steamed Broccoli            Chilled Peach Slices            Whole Wheat Roll            Barbeque Sauce or Catsup            Choc. or Vanilla Pudding            Milk Choice</p>	<p><b>31</b> White Beans or Red Beans w/                Ham or Sausage            Steamed Brown Rice            Seasoned Mustard Greens            Fresh Cantaloupe or Orange Wedges            Cornbread            Graham Crackers            Milk Choice</p>			

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<p><i>Did You Know?</i> Chocolate &amp; Strawberry Milk in the cafeteria is made with 1% lowfat milk rather than whole milk. <i>-Once again- Healthy School Meals!!!</i> *****</p>		<p><b>1</b> Beefy Taco(s) or Beefy Nachos Taco Salad Cup Steamed Corn Pineapple Tidbits Soft Enriched White Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>2</b> Turkey /Sausage Jambalaya Coleslaw Seasoned Green Peas Whole Wheat Roll Apple or Peach Crisp Milk Choice</p>	<p><b>3</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Baked Beans Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Jello Milk Choice</p>
<p><b>6</b>  Labor Day Holiday</p>	<p><b>7</b> Red Beans or White Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Orange Wedges or Fresh Cantaloupe Cornbread Graham Crackers Milk Choice</p>	<p><b>8</b> Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Lowfat Choc. or Yellow Cake Milk Choice</p>	<p><b>9</b> Oven Baked Chicken Steamed Brown Rice w/ Gravy Seasoned Green Peas Chilled Peach Slices Soft Enriched White Roll Jello Milk Choice</p>	<p><b>10</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Oven Baked French Fries Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Fresh Baked Red. Fat Cookie Choice Milk Choice</p>
<p><b>13</b> Hot Dog on Bun / Chili Baked Beans Pineapple Tidbits Catsup/ Mustard Lowfat Choc. or Yellow Cake Milk Choice</p>	<p><b>14</b> Salisbury Steak w/ Gravy Mashed Potatoes Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Canned Fruit Choice Whole Wheat Sliced Bread Choc. or Vanilla Pudding Milk Choice</p>	<p><b>15</b> Ham &amp; Cheese Poboy Oven Baked French Fries Sandwich Salad Cup Fresh Cantaloupe or Fresh Orange Wedges Catsup/ Mayo./ Must. Graham Crackers Milk Choice</p>	<p><b>16</b> Pasta w/ Meatsauce Dark Green Salad with Dressing Fresh Red Grapes Whole Wheat Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>17</b> Roasted Turkey, Beef or Pork Steamed Brown Rice w/ Gravy Sweet Potatoes Fresh Apple Wedges or Fresh Strawberries Soft Enriched White Roll Jello Milk Choice</p>
<p><b>20</b> Chicken Nuggets or Pattie Mashed Potatoes Steamed Broccoli Chilled Peach Slices Whole Wheat Roll Barbeque Sauce or Catsup Choc. or Vanilla Pudding Milk Choice</p>	<p><b>21</b> White Beans or Red Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Cantaloupe or Fresh Orange Wedges Cornbread Graham Crackers Milk Choice</p>	<p><b>22</b> Beefy Taco(s) or Beefy Nachos Taco Salad Cup Steamed Corn Pineapple Tidbits Soft Enriched White Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>23</b> Turkey /Sausage Jambalaya Coleslaw Seasoned Green Peas Whole Wheat Roll Apple or Peach Crisp Milk Choice</p>	<p><b>24</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Baked Beans Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Jello Milk Choice</p>
<p><b>27</b> Red Beans or White Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Orange Wedges or Fresh Cantaloupe Cornbread Graham Crackers Milk Choice</p>	<p><b>28</b> Fish Strips Macaroni and Cheese Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Fresh Apple Wedges Whole Wheat Sliced Bread Catsup Frozen Fruit Juice Dessert Milk Choice</p>	<p><b>29</b> Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Lowfat Choc. or Yellow Cake Milk Choice</p>	<p><b>30</b> Oven Baked Chicken Steamed Brown Rice w/ Gravy Seasoned Green Peas Chilled Peach Slices Soft Enriched White Roll Jello Milk Choice</p>	

Menu Subject to Change Due to Availability

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the East Baton Rouge Parish Child Nutrition Program; however, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.

**East Baton Rouge Parish School System Child Nutrition Program  
ELEMENTARY LUNCH MENUS**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Did You Know?</i> The cafeteria does not fry any foods for school meals which keep fat and calories at a lower level. <i>Isn't that healthy!!!</i> *****</p>				<p><b>1</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Oven Baked French Fries Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Fresh Baked Red. Fat Cookie Choice Milk Choice</p>
<p><b>4</b> Hot Dog on Bun / Chili Baked Beans Pineapple Tidbits Catsup/ Mustard Lowfat Choc. or Yellow Cake Milk Choice</p>	<p><b>5</b> Salisbury Steak w/ Gravy Mashed Potatoes Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Canned Fruit Choice Whole Wheat Sliced Bread Choc. or Vanilla Pudding Milk Choice</p>	<p><b>6</b> Ham &amp; Cheese Poboy Oven Baked French Fries Sandwich Salad Cup Fresh Cantaloupe or Fresh Orange Wedges Catsup/ Mayo./ Must. Graham Crackers Milk Choice</p>	<p><b>7</b> Pasta w/ Meatsauce Dark Green Salad with Dressing Fresh Red Grapes Whole Wheat Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>8</b> Roasted Turkey, Beef or Pork Steamed Brown Rice w/ Gravy Sweet Potatoes Fresh Apple Wedges or Fresh Strawberries Soft Enriched White Roll Jello Milk Choice</p>
<p><b>11</b> Chicken Nuggets or Pattie Mashed Potatoes Steamed Broccoli Chilled Peach Slices Whole Wheat Roll Barbeque Sauce or Catsup Choc. or Vanilla Pudding Milk Choice</p>	<p><b>12</b> White Beans or Red Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Cantaloupe or Fresh Orange Wedges Cornbread Graham Crackers Milk Choice</p>	<p><b>13</b> Beefy Taco(s) or Beefy Nachos Taco Salad Cup Steamed Corn Pineapple Tidbits Soft Enriched White Roll Fresh Baked Reduced Fat Cookie Choice Milk Choice</p>	<p><b>14</b> Turkey /Sausage Jambalaya Coleslaw Seasoned Green Peas Whole Wheat Roll Apple or Peach Crisp Milk Choice</p>	<p><b>15</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Baked Beans Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Jello Milk Choice</p>
<p><b>18</b> Red Beans or White Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Orange Wedges or Fresh Cantaloupe Cornbread Graham Crackers Milk Choice</p>	<p><b>19</b> Fish Strips Macaroni and Cheese Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Fresh Apple Wedges Whole Wheat Sliced Bread Catsup Frozen Fruit Juice Dessert Milk Choice</p>	<p><b>20</b> Oven Baked Chicken Steamed Brown Rice w/Gravy Seasoned Green Peas Chilled Peach Slices Soft Enriched White Roll Jello Milk Choice</p>	<p><b>21</b> Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Lowfat Choc. or Yellow Cake Milk Choice</p>	<p><b>22</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Oven Baked French Fries Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Fresh Baked Reduced Fat Cookie Choice Milk Choice</p>
<p><b>25</b> Hot Dog on Bun / Chili Baked Beans Pineapple Tidbits Catsup/ Mustard Lowfat Choc. or Yellow Cake Milk Choice</p>	<p><b>26</b> Salisbury Steak w/ Gravy Mashed Potatoes Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Canned Fruit Choice Whole Wheat Sliced Bread Choc. or Vanilla Pudding Milk Choice</p>	<p><b>27</b> Ham &amp; Cheese Poboy Oven Baked French Fries Sandwich Salad Cup Fresh Cantaloupe or Fresh Orange Wedges Catsup/ Mayo./ Must. Graham Crackers Milk Choice</p>	<p><b>28</b> Pasta w/ Meatsauce Dark Green Salad with Dressing Fresh Red Grapes Whole Wheat Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>29</b> Roasted Turkey, Beef or Pork Steamed Brown Rice w/ Gravy Sweet Potatoes Fresh Apple Wedges or Fresh Strawberries Soft Enriched White Roll Jello Milk Choice</p>

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**GRADES K – 5**

**ELEMENTARY LUNCH MENUS**

**NOVEMBER 2010**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Chicken Nuggets or Pattie Mashed Potatoes Steamed Broccoli Chilled Peach Slices Whole Wheat Roll Barbeque Sauce or Catsup Choc. or Vanilla Pudding Milk Choice	<b>2</b>           Election Day	<b>3</b> Beefy Taco(s) or Beefy Nachos Taco Salad Cup Steamed Corn Pineapple Tidbits Soft Enriched White Roll Fresh Baked Red. Fat Cookie Choice Milk Choice	<b>4</b> Turkey /Sausage Jambalaya Coleslaw Seasoned Green Peas Whole Wheat Roll Apple or Peach Crisp Milk Choice	<b>5</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Baked Beans Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Jello Milk Choice
<b>8</b> Red Beans or White Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Orange Wedges or Fresh Cantaloupe Cornbread Graham Crackers Milk Choice	<b>9</b> Fish Strips Macaroni and Cheese Fresh Baby Carrots & Broccoli Florets w/ Lowfat Ranch Dressing Fresh Apple Wedges Whole Wheat Sliced Bread Catsup Frozen Fruit Juice Dessert Milk Choice	<b>10</b> Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Lowfat Choc. or Yellow Cake Milk Choice	<b>11</b> Chicken Pattie Steamed Brown Rice w/Gravy Seasoned Green Peas Chilled Peach Slices Soft Enriched White Roll Jello Milk Choice	<b>12</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Oven Baked French Fries Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Fresh Baked Reduced Fat Cookie Choice Milk Choice
<b>15</b> Salisbury Steak w/ Gravy Mashed Potatoes Fresh Baby Carrots & Broccoli Florets w/ Lowfat Dressing Canned Fruit Choice Whole Wheat Sliced Bread Choc. or Vanilla Pudding Milk Choice	<b>16</b> Pasta w/ Meatsauce Dark Green Salad with Dressing Fresh Red Grapes Whole Wheat Roll Fresh Baked Red. Fat Cookie Choice Milk Choice	<b>17</b> Ham & Cheese Poboy Oven Baked French Fries Sandwich Salad Cup Fresh Cantaloupe or Fresh Orange Wedges Catsup/ Mayo./ Must. Graham Crackers Milk Choice	<b>18 – <u>Thanksgiving Dinner</u></b> Roasted Turkey w/ Gravy Cornbread Dressing Cranberry Sauce Seasoned Green Peas Soft Enriched White Roll Sweet Potato Pie or Crunch Milk Choice	<b>19</b> Hot Dog on Bun / Chili Baked Beans Pineapple Tidbits Catsup/ Mustard Graham Crackers Milk Choice
<b>22</b>           Thanksgiving Holiday	<b>23</b>           Thanksgiving Holiday	<b>24</b>           Thanksgiving Holiday	<b>25</b> Thanksgiving Holiday           	<b>26</b>           Thanksgiving Holiday
<b>29</b> Chicken Nuggets or Pattie Mashed Potatoes Steamed Broccoli Chilled Peach Slices Whole White Roll Barbeque Sauce or Catsup Choc. or Vanilla Pudding Milk Choice	<b>30</b> Red Beans or White Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Orange Wedges or Fresh Cantaloupe Cornbread Graham Crackers Milk Choice	<p><i>Did You Know?</i></p> <p>Many different fresh fruits and vegetables are offered for school lunch. Some fresh items offered include: fresh apples, oranges, grapes, cantaloupe, watermelon, strawberries, broccoli, &amp; carrots. <i>Healthy, Healthy, Healthy!!!</i></p> <p>*****</p>		

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**GRADES K - 5**

**ELEMENTARY LUNCH MENUS**

**DECEMBER 2010**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Did You Know?</i> Breakfast is free to all students in East Baton Rouge Parish Schools. <i>What a Deal and it's Healthy too!!!</i> *****</p>		<p><b>1</b> Beefy Taco(s) or Beefy Nachos Taco Salad Cup Steamed Corn Pineapple Tidbits Soft Enriched White Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>2</b> Turkey/Sausage Gumbo Steamed Brown Rice Coleslaw Whole Wheat Roll or Crackers Apple or Peach Crisp Milk Choice</p>	<p><b>3</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Baked Beans Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Jello Milk Choice</p>
<p><b>6</b> Red Beans or White Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Orange Wedges or Fresh Cantaloupe Cornbread Graham Crackers Milk Choice</p>	<p><b>7</b> Fish Strips Macaroni and Cheese Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Fresh Apple Wedges Whole Wheat Sliced Bread Catsup Frozen Fruit Juice Dessert Milk Choice</p>	<p><b>8</b> Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Jello Milk Choice</p>	<p><b>9</b> <u>Christmas Dinner</u> Roasted Turkey w/ Gravy Cornbread Dressing or Rice Dressing Seasoned Green Peas Cranberry Sauce Mixed Fruit Salad Whole Wheat Roll Lowfat Choc. or Yellow Cake Milk Choice</p>	<p><b>10</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Oven Baked French Fries Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Graham Crackers Milk Choice</p>
<p><b>13</b> Hot Dog on Bun / Chili Baked Beans Pineapple Tidbits Catsup/ Mustard Lowfat Choc. or Yellow Cake Milk Choice</p>	<p><b>14</b> Salisbury Steak w/ Gravy Mashed Potatoes Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Canned Fruit Choice Whole Wheat Sliced Bread Choc. or Vanilla Pudding Milk Choice</p>	<p><b>15</b> Ham &amp; Cheese Poboy Oven Baked French Fries Sandwich Salad Cup Fresh Cantaloupe or Fresh Orange Wedges Catsup/ Mayo./ Must. Graham Crackers Milk Choice</p>	<p><b>16</b> Pasta w/ Meatsauce Dark Green Salad with Dressing Fresh Red Grapes Whole Wheat Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>17</b> Roasted Turkey, Beef or Pork Steamed Brown Rice w/Gravy Sweet Potatoes Fresh Apple Wedges or Fresh Strawberries Soft Enriched White Roll Jello Milk Choice</p>
<p><b>20</b> Chicken Nuggets or Pattie Mashed Potatoes Steamed Broccoli Chilled Peach Slices Whole Wheat Roll Barbeque Sauce or Catsup Choc. or Vanilla Pudding Milk Choice</p>	<p><b>21</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Baked Beans Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Jello Milk Choice</p>	<p><b>22</b>  Christmas / Winter Break (Contingency Day)</p>	<p><b>23</b>  Christmas / Winter Break</p>	<p><b>24</b>  Christmas / Winter Break  </p>
<p><b>27</b>  Christmas / Winter Break</p>	<p><b>28</b>  Christmas / Winter Break</p>	<p><b>29</b>  Christmas / Winter Break</p>	<p><b>30</b>  Christmas / Winter Break</p>	<p><b>31</b>  Christmas / Winter Break</p>

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Nutrition Program; however, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.

**GRADES K - 5**

**ELEMENTARY LUNCH MENUS**

**JANUARY 2011**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p>  <p>Christmas / Winter Break</p>	<p>4</p> <p>Christmas / Winter Break</p>	<p>5</p> <p>Christmas / Winter Break</p>	<p>6</p> <p>Christmas / Winter Break</p>	<p>7 Salisbury Steak w/ Gravy Mashed Potatoes Steamed Broccoli Canned Fruit Choice Whole Wheat Sliced Bread Choc. or Vanilla Pudding Milk Choice</p>
<p>10 White Beans or Red Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Cantaloupe or Fresh Orange Wedges Cornbread Graham Crackers Milk Choice</p>	<p>11 Fish Strips Macaroni and Cheese Fresh Baby Carrots &amp; Broccoli Florets w/Lowfat Ranch Dressing Fresh Apple Wedges Whole Wheat Sliced Bread Catsup Frozen Fruit Juice Dessert Milk Choice</p>	<p>12 Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Lowfat Choc. or Yellow Cake Milk Choice</p>	<p>13 Turkey /Sausage Gumbo Steamed Brown Rice Coleslaw Whole Wheat Roll or Crackers Apple or Peach Crisp Milk Choice</p>	<p>14 Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Oven Baked French Fries Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Fresh Baked Red. Fat Cookie Choice Milk Choice</p>
<p>17</p> <p>Martin Luther King, Jr. Holiday</p>	<p>18 Salisbury Steak w/ Gravy Mashed Potatoes Steamed Broccoli Canned Fruit Choice Whole Wheat Sliced Bread Choc. or Vanilla Pudding Milk Choice</p>	<p>19 Ham &amp; Cheese Pobo Oven Baked French Fries Sandwich Salad Cup Fresh Cantaloupe or Fresh Orange Wedges Catsup/ Mayo./ Must. Graham Crackers Milk Choice</p>	<p>20 Pasta w/ Meatsauce Dark Green Salad with Dressing Fresh Red Grapes Whole Wheat Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p>21 Roasted Turkey, Beef or Pork Steamed Brown Rice w/ Gravy Sweet Potatoes Fresh Apple Wedges or Fresh Strawberries Soft Enriched White Roll Jello Milk Choice</p>
<p>24 Chicken Nuggets or Pattie Mashed Potatoes Steamed Broccoli Chilled Peach Slices Whole Wheat Roll Barbeque Sauce or Catsup Choc. or Vanilla Pudding Milk Choice</p>	<p>25 White Beans or Red Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Cantaloupe or Fresh Orange Wedges Cornbread Graham Crackers Milk Choice</p>	<p>26 Beefy Taco(s) or Beefy Nachos Taco Salad Cup Steamed Corn Pineapple Tidbits Soft Enriched White Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p>27 Turkey /Sausage Gumbo Steamed Brown Rice Coleslaw Whole Wheat Roll or Crackers Apple or Peach Crisp Milk Choice</p>	<p>28 Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Baked Beans Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Jello Milk Choice</p>
<p>31 Red Beans or White Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Orange Wedges or Fresh Cantaloupe Cornbread Graham Crackers Milk Choice</p>	<p><i>Did You Know?</i></p> <p>Whole Grain Products are served on school menus. Some items served are: Whole Wheat Sliced Bread, Whole Wheat Rolls, Whole Wheat Pizza Crust, &amp; Whole Grain Brown Rice.</p> <p><i>Whole Grains are Healthy!!!</i></p> <p>*****</p>			

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**East Baton Rouge Parish School System Child Nutrition Program  
ELEMENTARY LUNCH MENUS**

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Fish Strips Macaroni and Cheese Fresh Baby Carrots & Broccoli Florets w/ Lowfat Ranch Dressing Fresh Apple Wedges Whole Wheat Sliced Bread Catsup Frozen Fruit Juice Dessert Milk Choice	<b>2</b> Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Lowfat Choc. or Yellow Cake Milk Choice	<b>3</b> Oven Baked Chicken Steamed Brown Rice w/ Gravy Seasoned Green Peas Chilled Peach Slices Soft Enriched White Roll Jello Milk Choice	<b>4</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Oven Baked French Fries Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Fresh Baked Reduced Fat Cookie Choice Milk Choice
<b>7</b> Hot Dog on Bun / Chili Baked Beans Pineapple Tidbits Catsup/ Mustard Lowfat Choc. or Yellow Cake Milk Choice	<b>8</b> Salisbury Steak w/Gravy Mashed Potatoes Fresh Baby Carrots & Broccoli Florets w/ Lowfat Ranch Dressing Canned Fruit Choice Whole Wheat Sliced Bread Chocolate or Vanilla Pudding Milk Choice	<b>9</b> Ham & Cheese PoBoy Oven Baked French Fries Sandwich Salad Cup Fresh Cantaloupe or Fresh Orange Wedges Catsup/Mayo./Mustard Graham Crackers Milk Choice	<b>10</b> Pasta w/ Meatsauce Dark Green Salad with Dressing Fresh Red Grapes Whole Wheat Roll Fresh Baked Red. Fat Cookie Choice Milk Choice	<b>11</b> Roasted Turkey, Beef or Pork Steamed Brown Rice w/ Gravy Sweet Potatoes Fresh Apple Wedges or Fresh Strawberries Soft Enriched White Roll Jello Milk Choice
<b>14</b> Chicken Nuggets or Pattie Mashed Potatoes Steamed Broccoli Chilled Peach Slices Whole Wheat Roll Barbeque Sauce or Catsup Lowfat Choc. or Yellow Cake Milk Choice	<b>15</b> White Beans or Red Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Cantaloupe or Fresh Orange Wedges Cornbread Graham Crackers Milk Choice	<b>16</b> Beefy Taco(s) or Beefy Nachos Taco Salad Cup Steamed Corn Pineapple Tidbits Soft Enriched White Roll Fresh Baked Red. Fat Cookie Choice Milk Choice	<b>17</b> Turkey /Sausage Gumbo Steamed Brown Rice Coleslaw Whole Wheat Roll or Crackers Apple or Peach Crisp Milk Choice	<b>18</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Baked Beans Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Jello Milk Choice
<b>21</b> Red Beans or White Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Cantaloupe or Fresh Orange Wedges Cornbread Graham Crackers Milk Choice	<b>22</b> Fish Strips Macaroni and Cheese Fresh Baby Carrots & Broccoli Florets w/ Lowfat Ranch Dressing Fresh Apple Wedges Whole Wheat Sliced Bread Catsup Frozen Fruit Juice Dessert Milk Choice	<b>23</b>  Professional Development/Parent-Teacher Conference Day (Students do not attend)	<b>24</b> Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Lowfat Choc. or Yellow Cake Milk Choice	<b>25</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Oven Baked French Fries Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Fresh Baked Reduced Fat Cookie Choice Milk Choice
<b>28</b> Hot Dog on Bun / Chili Baked Beans Pineapple Tidbits Catsup/ Mustard Lowfat Choc. or Yellow Cake Milk Choice	<p align="center"><i>Did You Know?</i></p> <p align="center">The cherry and blue raspberry frozen fruit juice dessert push ups that are served with school meals include ¼ cup full strength fruit juice.</p> <p align="center"><i>School Meals are Healthy!!!</i></p> <p align="center">*****</p>			

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## GRADES K - 5

## ELEMENTARY LUNCH MENUS

MARCH 2011

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Did You Know?</i> All desserts served in the cafeteria are low in fat. <i>Keeping you healthy!!!</i> *****</p>	<p><b>1</b> Salisbury Steak w/ Gravy Mashed Potatoes Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Canned Fruit Choice Whole Wheat Sliced Bread Choc. or Vanilla Pudding Milk Choice</p>	<p><b>2</b> Ham &amp; Cheese Poboy Oven Baked French Fries Sandwich Salad Cup Fresh Cantaloupe or Fresh Orange Wedges Catsup/ Mayo./ Must. Graham Crackers Milk Choice</p>	<p><b>3</b> Pasta w/ Meatsauce Dark Green Salad with Dressing Fresh Red Grapes Whole Wheat Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>4</b> Roasted Turkey, Beef or Pork Steamed Brown Rice w/ Gravy Sweet Potatoes Fresh Apple Wedges or Fresh Strawberries Soft Enriched White Roll Jello Milk Choice</p>
<p><b>7</b>  Mardi Gras Holiday</p>	<p><b>8</b>  Mardi Gras Holiday</p>	<p><b>9</b> Fish Strips Macaroni and Cheese Steamed Broccoli Fresh Apple Wedges Whole Wheat Sliced Bread Catsup Frozen Fruit Juice Dessert Milk Choice</p>	<p><b>10</b> Beefy Taco(s) or Beefy Nachos Taco Salad Cup Steamed Corn Pineapple Tidbits Soft Enriched White Roll Fresh Baked Reduced Fat Cookie Choice Milk Choice</p>	<p><b>11</b> Grilled Cheese Sandwich Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Baked Beans Fresh Red Grapes or Fresh Watermelon Jello Milk Choice</p>
<p><b>14</b> Red Beans or White Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Orange Wedges or Fresh Cantaloupe Cornbread Graham Crackers Milk Choice</p>	<p><b>15</b> Hamburger on Bun Cheese Slices, 1 oz. Sandwich Salad Cup Oven Baked French Fries Fresh Red Grapes or Fresh Watermelon Catsup/ Mayo./ Must. Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>16</b> Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Lowfat Choc. Or Yellow Cake Milk Choice</p>	<p><b>17</b> Oven Baked Chicken Steamed Brown Rice w/ Gravy Seasoned Green Peas Chilled Peach Slices Soft Enriched White Roll Jello Milk Choice</p>	<p><b>18</b> Cheese Pizza w/ Whole Wheat Crust Steamed Corn Dark Green Salad with Dressing Lowfat Choc. or Yellow Cake Milk Choice</p>
<p><b>21</b> Hot Dog on Bun / Chili Baked Beans Pineapple Tidbits Catsup/ Mustard Lowfat Choc. or Yellow Cake Milk Choice</p>	<p><b>22</b> Salisbury Steak w/Gravy Mashed Potatoes Fresh Baby Carrots &amp; Broccoli Florets w/Lowfat Ranch Dressing Canned Fruit Choice Whole Wheat Sliced Bread Choc. or Vanilla Pudding Milk Choice</p>	<p><b>23</b> Ham &amp; Cheese PoBoy Oven Baked French Fries Sandwich Salad Cup Fresh Cantaloupe or Fresh Orange Wedges Catsup/Mayo./Mustard Graham Crackers Milk Choice</p>	<p><b>24</b> Pasta w/ Meatsauce Dark Green Salad with Dressing Fresh Red Grapes Whole Wheat Roll Fresh Baked Red. Fat Cookie Choice Milk Choice</p>	<p><b>25</b> Fish Strips Macaroni and Cheese Fresh Baby Carrots &amp; Broccoli Florets w/ Lowfat Ranch Dressing Fresh Apple Wedges Whole Wheat Sliced Bread Catsup Frozen Fruit Juice Dessert Milk Choice</p>
<p><b>28</b> Chicken Nuggets or Pattie Mashed Potatoes Steamed Broccoli Chilled Peach Slices Whole Wheat Roll Barbeque Sauce or Catsup Choc. or Vanilla Pudding Milk Choice</p>	<p><b>29</b> White Beans or Red Beans w/ Ham or Sausage Steamed Brown Rice Seasoned Mustard Greens Fresh Cantaloupe or Fresh Orange Wedges Cornbread Graham Crackers Milk Choice</p>	<p><b>30</b> Beefy Taco(s) or Beefy Nachos Taco Salad Cup Steamed Corn Pineapple Tidbits Soft Enriched White Roll Fresh Baked Reduced Fat Cookie Choice Milk Choice</p>	<p><b>31</b> Turkey /Sausage Jambalaya Coleslaw Seasoned Green Peas Whole Wheat Roll Apple or Peach Crisp Milk Choice</p>	

**GRADES K - 5**

**ELEMENTARY LUNCH MENUS**

**APRIL 2011**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Did You Know?</i>                      Kids who eat breakfast before school are more alert in class.                      Breakfast is free to all students in the school cafeteria.  <i>Eat Breakfast at School.</i>  <i>It's Healthy!!!</i>                      * * * * *</p>				<p><b>1</b> Grilled Cheese Sandwich                      Fresh Baby Carrots &amp; Broccoli Florets                      w/ Lowfat Ranch Dressing                      Baked Beans                      Fresh Red Grapes or                      Fresh Watermelon                      Jello                      Milk Choice</p>
<p><b>4</b> Red Beans or White Beans w/                      Ham or Sausage                      Steamed Brown Rice                      Seasoned Mustard Greens                      Fresh Orange Wedges or                      Fresh Cantaloupe                      Cornbread                      Graham Crackers                      Milk Choice</p>	<p><b>5</b> Pizza w/ Whole Wheat Crust                      Steamed Corn                      Dark Green Salad with Dressing                      Lowfat Choc. or Yellow Cake                      Milk Choice</p>	<p><b>6</b> Hamburger on Bun                      Cheese Slices, 1 oz.                      Sandwich Salad Cup                      Oven Baked French Fries                      Fresh Red Grapes or                      Fresh Watermelon                      Catsup/ Mayo./ Must.                      Fresh Baked Red. Fat                      Cookie Choice                      Milk Choice</p>	<p><b>7</b> Chicken Pattie                      Steamed Brown Rice w/Gravy                      Seasoned Green Peas                      Chilled Peach Slices                      Soft Enriched White Roll                      Jello                      Milk Choice</p>	<p><b>8</b> Fish Strips                      Macaroni and Cheese                      Fresh Baby Carrots &amp; Broccoli Florets                      w/ Lowfat Ranch Dressing                      Fresh Apple Wedges                      Whole Wheat Sliced Bread                      Catsup                      Frozen Fruit Juice Dessert                      Milk Choice</p>
<p><b>11</b> Hot Dog on Bun / Chili                      Baked Beans                      Pineapple Tidbits                      Catsup/ Mustard                      Fresh Baked Red. Fat                      Cookie Choice                      Milk Choice</p>	<p><b>12</b> Salisbury Steak w/ Gravy                      Mashed Potatoes                      Fresh Baby Carrots &amp; Broccoli Florets                      w/ Lowfat Ranch Dressing                      Canned Fruit Choice                      Whole Wheat Sliced Bread                      Choc. or Vanilla Pudding                      Milk Choice</p>	<p><b>13</b> Ham &amp; Cheese Poboy                      Oven Baked French Fries                      Sandwich Salad Cup                      Fresh Cantaloupe or                      Fresh Orange Wedges                      Catsup/ Mayo./ Must.                      Graham Crackers                      Milk Choice</p>	<p><b>14—Easter Dinner</b>                      Oven Baked Chicken                      Rice Dressing                      Seasoned Green Peas                      Mixed Fruit Salad                      Whole Wheat Roll                      Lowfat Choc. or Yellow Cake                      Milk Choice</p>	<p><b>15</b> Cheese Pizza w/ Whole Wheat Crust                      Steamed Corn                      Dark Green Salad with Dressing                      Frozen Fruit Juice Dessert                      Milk Choice</p>
<p><b>18</b> Chicken Nuggets or Pattie                      Mashed Potatoes                      Steamed Broccoli                      Chilled Peach Slices                      Whole Wheat Roll                      Barbeque Sauce or Catsup                      Choc. or Vanilla Pudding                      Milk Choice</p>	<p><b>19</b> White Beans or Red Beans w/                      Ham or Sausage                      Steamed Brown Rice                      Seasoned Mustard Greens                      Fresh Cantaloupe or                      Fresh Orange Wedges                      Cornbread                      Graham Crackers                      Milk Choice</p>	<p><b>20</b> Beefy Taco(s) or Beefy Nachos                      Taco Salad Cup                      Steamed Corn                      Pineapple Tidbits                      Soft Enriched White Roll                      Fresh Baked Reduced Fat                      Cookie Choice                      Milk Choice</p>	<p><b>21</b> Hamburger on Bun                      Cheese Slices, 1 oz.                      Sandwich Salad Cup                      Baked Beans                      Fresh Red Grapes or                      Fresh Watermelon                      Catsup/ Mayo./ Must.                      Jello                      Milk Choice</p>	<p><b>22 Easter/Spring Break</b></p> 
<p><b>25</b>  <b>Easter/Spring Break</b></p>	<p><b>26</b>  <b>Easter/Spring Break</b></p>	<p><b>27</b>  <b>Easter/Spring Break</b></p>	<p><b>28</b>  <b>Easter/Spring Break</b></p>	<p><b>29</b>  <b>Easter/Spring Break</b></p>

Menu Subject to Change Due to Availability

Notification Statement: Peanuts and Peanut Butter are not purchased for meals produced by the East Baton Rouge Parish Child Nutrition Program; however, some products served may contain nuts and some products are produced in plants that use nuts and may contain traces of nuts.

**East Baton Rouge Parish School System Child Nutrition Program  
ELEMENTARY LUNCH MENUS**

**2010 - 2011  
MAY 2011**

Monday	Tuesday	Wednesday	Thursday	Friday
				
2  <u>Manager's Choice Menu</u>	3  <u>Manager's Choice Menu</u>	4  <u>Manager's Choice Menu</u>	5  <u>Manager's Choice Menu</u>	6  <u>Manager's Choice Menu</u>
9  <u>Manager's Choice Menu</u>	10  <u>Manager's Choice Menu</u>	11  <u>Manager's Choice Menu</u>	12  <u>Manager's Choice Menu</u>	13  <u>Manager's Choice Menu</u>
16  <u>Manager's Choice Menu</u>	17  <u>Manager's Choice Menu</u>	18  <u>Manager's Choice Menu</u>	19  <u>Manager's Choice Menu</u>	20  <u>Manager's Choice Menu</u>
23  <u>Manager's Choice Menu</u>	24  Manager's Choice Menu  (Last Day for Students)	25  Contingency Day	26	27

Menu Subject to Change Due to Availability

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